

Food Access



The Household Support Fund

Do you need help with essentials this winter?

- ✓ Help for you & your family
- ✓ Options to help with food / toiletries / clothing
- ✓ Help with gas & electricity
- ✓ Help with household items

Email: household@preston.gov.uk

Tel: **01772 906777**

Website: www.preston.gov.uk/householdsupportfund

Work clubs

Please visit the Help in Preston website helpinpreston.com/work-clubs-in-preston for further information or email: S.Little@preston.gov.uk

Looking for jobs?

Useful information and links to live job vacancies in Preston area can be found here helpinpreston.com/weekly-job-bulletin

Financial and debt advice

Please contact Lisa Gray email: L.Gray@preston.gov.uk



Healthy Start Vouchers

If you are pregnant, have children under the age of 4 and are on benefits, you may be entitled to Healthy Start Vouchers to buy milk, fruit, veg and formula milk.

E: enquiries@hsru.co.uk • T: **0844 991 2222**



Free School Meals

If you are in receipt of benefits and you have children, they may be entitled to free school meals. You can apply by calling the number below or visit the website.

W: www.lancashire.gov.uk • T: **01772 531 809**

Help In Preston website provides a list of local services including a food access page:

www.helpinpreston.com

EMERGENCY FOOD PARCELS

If you have no food and no money to buy any, you may be eligible for an emergency food parcel, please contact the providers below:

Luv Preston

City Wide

Email: contact@luvpreston.com

Tel: 01772 298107

Preston Community Hub

Fishwick & surrounding areas

Email: hub@prestoncommunity.co.uk

Tel: 07706 306360

Salvation Army

City wide

Email: info.sapreston@gmail.com

Tel: 01772 555425

Noor Food Bank

City wide

mail: hello@noorfoodbank.co.uk

Tel: 01772 555425

Share IT

Ingol & surrounding areas

Tel: 07545 277779

Penwortham Food Bank

Penwortham & surrounding areas

Email: penworthamfoodbank@gmail.com

Here for Humanity

Ashton, Plungington & Tanterton

Email: io.helpuk@gmail.com

Tel: 07432 688283

FOOD PANTRIES

(Membership fee of £2.50 - £5.00)

The Intact Centre

Ingol

Tel: 01772 760760

Ascension Church

Ribbleton

Email: parishofribbleton@gmail.com

Tel: 01772 759274

Broadgate Food Pantry

11 Grafton Street

Email: arshad_dadabhoy@hotmail.com

Tel: 07999 973097

Community Gateway Association

Ashton & Moor Nook

Email: jackie.bird@communitygateway.co.uk

Tel: 01772 268124

Project Fit Preston CIC

City Centre

Email: projectfitpreston@gmail.com

Tel: 07773 895269

HOT MEAL PROVIDERS

The Larder

Email: kay@larder.org.uk

Tel: 07718 901813

Crossgate Church

Email: gill.wright@crossgate.church

Tel: 01772 585257

Correct at the time of print.
For updated services please visit
www.helpinpreston.com